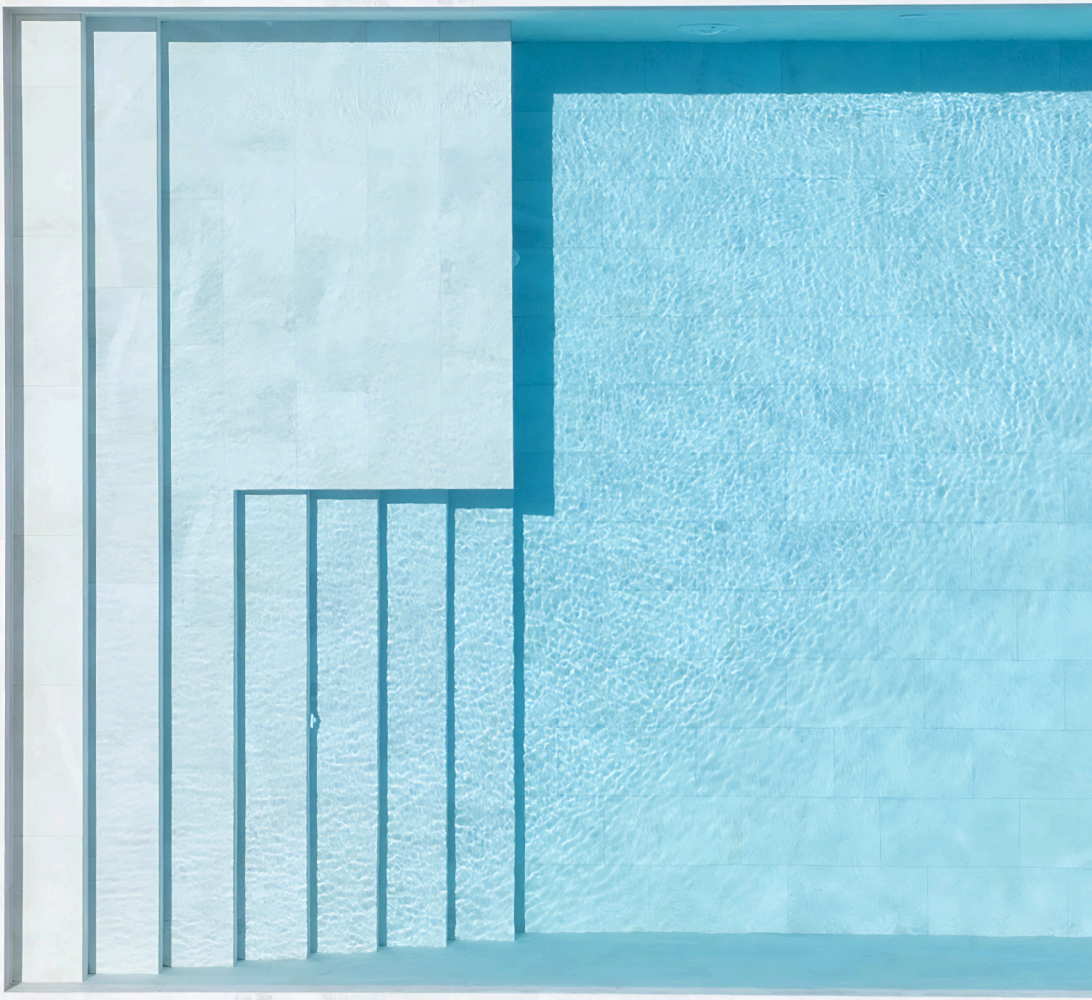
TENERIFE JOURNAL

HOMES / ARCHITECTURE / ISLAND LIFE



EnjoyaHome

NO. 01 | TENERIFE · 2026/27

Tenerife Journal

ISSUE 01 · 2026/27




Wherever you go,
feel at home.


EGEA
ARQUITECTOS
EnjoyaHome
RENOVA
CONSTRUCCIONES

We started with homes. The island came with them.

I came to homes the way most architects do: through drawings. EGEA Arquitectos, the studio I founded in Santa Cruz, designs houses, restaurants, offices and hotels, and Renova Construcciones builds and renovates what we draw.

EnjoyaHome began in 2017, almost by itself, to look after properties of our own. I ran them the way I understood architecture: caring for every detail that decides what a home is worth.

It became a real company when Débora Leal joined. She leads EnjoyaHome today, with its own teams for reservations, guest care, cleaning, maintenance and operations, so we can stay with an owner through every stage, from preparing a home to looking after it day to day.

"It is not a guide, and it is not a catalogue."

The same house can now pass through all three companies. Villa Puntillo del Sol, in La Matanza, was designed by EGEA, built by Renova and is looked after by EnjoyaHome.

The work has taught us that the house is only half of it. Guests and buyers want to know the island around the home: where to swim when the wind comes up, or what a neighbourhood feels like in November. That is why we made this journal.

It is the island as we have come to know it: the one we would show a friend thinking of staying a little longer.
Warm regards,

Eduardo Egea
FOUNDER AND PRINCIPAL ARCHITECT
GRUPO FO(4)R HOMES · SANTA CRUZ DE TENERIFE





One Island

and several climates, an hour apart



IN THIS ISSUE

About two thousand square kilometres, and almost every landscape in them. This issue follows the island from its coast to its summit, with the homes, people and tables we know along the way.

Opening

04 A letter from the founder
08 One island
11 Santa Cruz

The Coast 12

14 In the Water
16 Los Gigantes
18 Crystal II

The North 20

22 Villa Golf Retreat
24 Banana Coast
26 El Puerto
28 La Laguna
30 The Island Pantry
32 Garachico
35 Vines Above the Sea
36 Villa La Quinta

The South 38

39 Into the Blue
40 Óscar Cabrera
42 A Day in the South
43 Roque del Conde
45 Dr. Noemí Aguilar
46 La Torre del Mirador
47 Three Drives

Play 48

48 Golf
50 On Court
52 The West Coast

The Heights 54

56 Above the clouds
58 Two Walks
61 The Seasons
64 A Home in Tenerife



ENJOYAHOME · REAL ESTATE

RESIDENCIAL MARÍA JIMÉNEZ · SANTA CRUZ

New Homes

34 HOMES | 2 AND 3 BEDROOMS | 16 LAYOUTS

FROM €235,000

Designed by EGEA Arquitectos on the hillside between the port and the Anaga mountains: homes with natural light, terraces and the city ten minutes away.

CALL US TO RESERVE YOUR HOME

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REALESTATE@ENJOYAHOME.ES

Santa Cruz

A port city under the mountains

In July 1797 Horatio Nelson attacked Santa Cruz and lost his right arm. The city still remembers the victory; the rest of the year it simply gets on with being the capital.

It is a port first. Ferries leave for the other islands from the harbour, and on the seafront the white wave of Santiago Calatrava's Auditorio de Tenerife, opened in 2003, has become the city's landmark.

Behind it, life happens on foot: morning coffee around Plaza de España, lunch in the lanes of La Noria, an evening in the Parque García Sanabria. Nielsen, in the Callejón del Combate, is where we book a longer dinner.

Every February the city gives itself over to Carnival, one of the largest in the world. And ten minutes up the coast, past the sand of Las Teresitas, the road climbs into Anaga, a UNESCO Biosphere Reserve of laurel forest and villages.





The Coast

Black sand, white water and the long Atlantic light. The island's edge is where most people first meet Tenerife, and where we still find something new each season.

In the Water

How the island swims

Tenerife goes into the sea two ways. In the north, down a cliff path to a beach of black volcanic sand, or into a charco, a rock pool filled and emptied by the Atlantic. In the south, into calmer water. Islanders choose by the swell, not by the map.

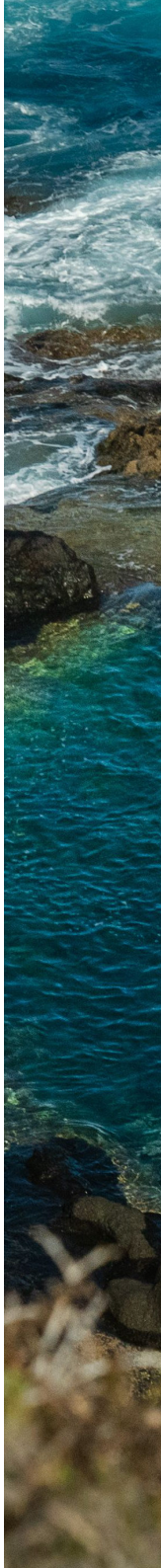
Ask where to swim in Tenerife and the answer is another question: which side of the island, and how is the sea today? The north faces the open Atlantic. Its beaches are dark volcanic sand, and many of them wait at the bottom of a cliff path.

In Anaga, Benijo, Almáciga and Roque de las Bodegas line up below Taganana, with fish restaurants where the road ends; Antequera, further round, is reached only on foot or by boat. West of Puerto de la Cruz, below the cliffs of Los Realejos, El Socorro is where local surfers go.

When the sea is up, the north swims in charcos: basins in old lava that fill with the tide, some finished with a wall or a ladder by the village. Bajamar, El Caletón in Garachico, the Charco del Viento in La Guancha.

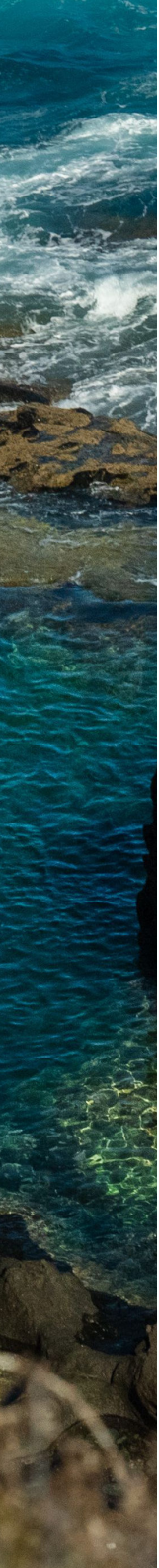
The south is calmer, sheltered by the mountain. Beside El Médano, La Tejita is a long beach of natural sand under the red cone of Montaña Roja, still without a promenade.

The rule is the same everywhere. Go early, watch the water for a few minutes, and if the people who live there are staying out, stay out too.



WORTH KNOWING

Beaches with lifeguards fly flags, and the flag is the rule. Charcos have none, so the judgement is yours.





Playa de las Teresitas

SAN ANDRÉS · SANTA CRUZ



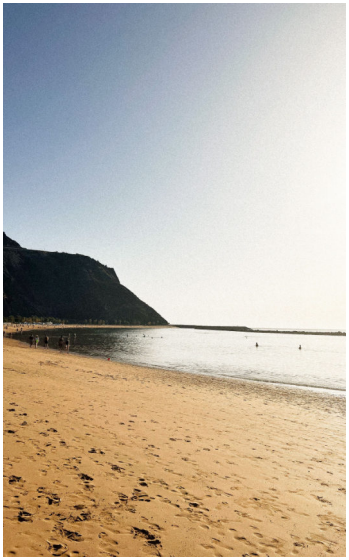
Charco de la Laja

SAN JUAN DE LA RAMBLA · NORTH



Playa de Benijo

ANAGA · NORTH-EAST



Playa de La Tejita

GRANADILLA · SOUTH

Los Gigantes

SANTIAGO DEL TEIDE · SOUTH-WEST TENERIFE



The cliffs of Los Gigantes rise straight out of the sea, walls of dark basalt several hundred metres high. Long before there was a town here, islanders called them the Wall of Hell. Today the town sits at their foot, around a small harbour where the day starts early: fishing boats, the first swimmers, coffee on the quay while the cliffs are still in shadow.

This is the west of the island, drier and sunnier than the north; La Gomera sits on the horizon. In the afternoon the sun comes round and lights up the rock face.

Stay a few days rather than a few hours. Swim off the black-sand beach beside the harbour, and watch the light move across the wall at the end of the day.



CLIFF

Crystal II

LOS GIGANTES · NEW RESIDENCES

From a boat, Los Gigantes is all cliff. From the terraces of Crystal II the cliff becomes the view: the rock wall on one side, the Atlantic below and La Gomera ahead.

Nineteen homes on the cliff, each with its own pool, designed by EGEA Arquitectos with OA3 and looked after by EnjoyaHome from summer 2027.

and

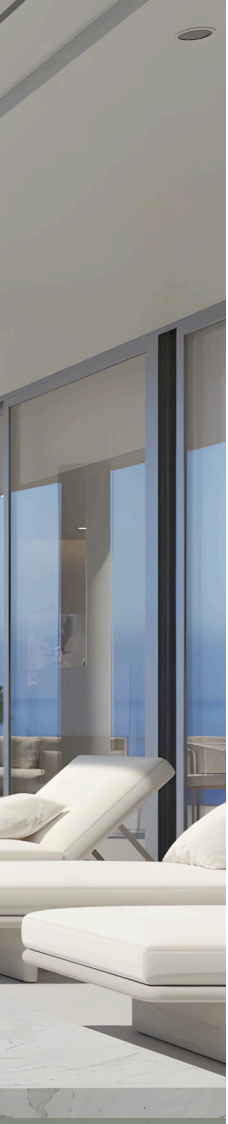
SEA



ONLY ONE REMAINS

Last unit available

B.5.3 is the final residence in Crystal II. Once it is gone, the building is complete.



CRYSTAL II · LOS GIGANTES

B.5.3

Apartment, two bedrooms, facing the cliffs

BEDROOMS	IN TOTAL
2	370 m²
TERRACE	**POOL**
210 m²	Private
PARKING & STORAGE	**PRICE**
Private	€2,300,000

Open-plan living, natural light and a 210 m² terrace with its own pool, above the cliffs of Los Gigantes. Residents share an infinity pool, gym and 24-hour concierge.

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WHERE WE LIVE

Tacoronte, Santa Úrsula, La Matanza, La Orotava, Puerto de la Cruz and Anaga: the side of the island we know best, and where four of the six houses we look after stand.



NEARBY

El Calderito de la Abuela

The Torres family has cooked here since 2005, with vegetables and herbs from its own organic garden and a view across the Orotava Valley to Teide.

The North

Nobody comes to the north for the weather. They come back for it: the green valleys, the old towns, the long lunches and a light that changes by the hour.



a house
NEAR
the
GOLF CLUB

Villa Golf Retreat, Tacoronte
Next to the Real Club de Golf de Tenerife
Stay with EnjoyaHome

"Room for twelve, a heated pool, and the first tee just down the street."

Villa Golf Retreat stands on a quiet street in Tacoronte, next to El Peñón, the course of the Real Club de Golf de Tenerife. The club was founded in 1932, one of the oldest in Spain, and still welcomes visitors for a round and a long lunch at its restaurant.

The house is made for groups who like space: six bedrooms and three bathrooms for up to twelve guests, a living room with a fireplace for the cooler northern evenings, and a garden around a heated private pool.

Upstairs, a rooftop solarium looks out over the valley to the sea. Outside there is a barbecue, a table for eating in the open air and a ping-pong table for the afternoons.

Tacoronte is the heart of the island's wine country, with vineyards and family bodegas all around. Tenerife North airport is a short drive away, and La Laguna and Santa Cruz are close enough for an evening out.

Stays from five nights, booked directly at enjoyahome.es.





Banana Coast

How the north was shaped by hand

Below the towns, the north coast is a staircase of stone walls and banana leaves. Most of it was built by hand, one terrace at a time.

The slopes of the north are too steep to farm as they are, so for centuries islanders made them flat: dry-stone walls filled with soil carried up by hand, terrace after terrace from the cliffs towards the forest. The walls still hold vines higher up and bananas closer to the sea.

Bananas became the export crop of the coast in the late nineteenth century. The plátano de Canarias is small and sweet, and it still grows in walled fincas between Puerto de la Cruz and Los Realejos.

Water was the other piece of work: galerías, tunnels dug into the mountain to reach the water inside it, and stone channels that carry it down to the fields.

"Every flat piece of land here was made by someone."



STAY · ENJOYAHOME

Villa Puntillo del Sol



LA MATANZA ·
NORTH TENERIFE

A house on the north coast with the Atlantic in front of it: four bedrooms and three and a half bathrooms for up to eight guests, a garden in the sun, and a heated pool that opens straight from the living room.

Quiet and private, but close enough to explore the whole north, from Puerto de la Cruz to La Laguna.

BOOK AT ENJOYAHOME.ES



LEGAL ADVICE · PUERTO DE LA CRUZ

Egea-Molina Abogados & Asociados

A law firm in Puerto de la Cruz with more than 25 years of experience in Tenerife, advising private clients, companies and international investors. Its work covers civil, notarial, administrative, employment and criminal law, and real estate: purchases, leases and due diligence.

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El Puerto

Puerto de la Cruz, before the south

Long before the south was built, visitors to Tenerife came here. The town still carries that history: an old fishing harbour, hotels from another century, and a rocky seafront remade for swimming.

The town grew around a small harbour that once shipped wine, and later bananas, from the Orotava Valley. In the late nineteenth century British visitors began arriving for the climate, and the first hotels followed. Tourism on the island started here.

It still feels like a town rather than a resort. Fishing boats sit in the old harbour, the streets behind the seafront are narrow and steep, and the church squares fill in the evening with people who live here.

On the seafront, the Lago Martiánez pools, designed by the Lanzarote artist César Manrique, turned a hard volcanic shore into somewhere to swim. Above the town, the botanical garden has been growing trees from the tropics since the eighteenth century.

Walk the harbour in the morning, before the day begins, and end at the Punta del Viento, where the Atlantic comes in hard against the rocks.



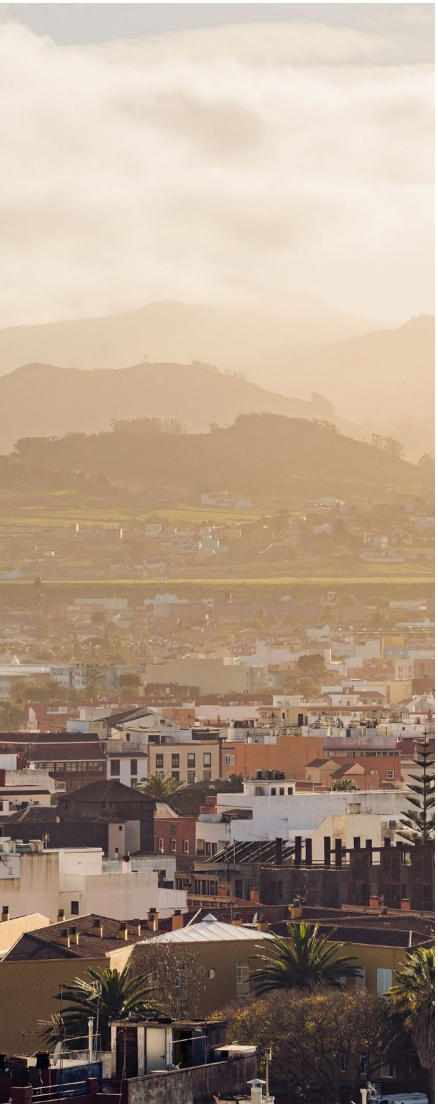
NEARBY

Brunelli's, a steakhouse facing the sea, for a long dinner at the end of the day.



La Laguna

SAN CRISTÓBAL DE LA LAGUNA · NORTH-EAST



La Laguna was laid out at the end of the fifteenth century as an open grid, without walls, and that plan travelled across the Atlantic to the cities of the Americas. Today it is a university town, and it feels like one: bookshops, bicycles and cafés full at eleven in the morning.

Walk it without a plan. Calle San Agustín and Calle Herradores hold the old houses, their patios half-hidden behind wooden doors; the cathedral and the Iglesia de la Concepción mark either end of the walk.

Come on a weekday morning, when the streets belong to the town. Bring a jacket: La Laguna sits higher than the coast, and the clouds like it.

PANADERÍA-PASTELERÍA Zulay desde 1937



AROUND THE CORNER

Panadería Zulay

PLAZA DE SAN CRISTÓBAL · LA LAGUNA

A family bakery since 1937, with its roots on La Palma: sourdough, long fermentation and island ingredients such as yellow sweet potato and Canary banana.

THE NORTH · LA LAGUNA

WORLD HERITAGE SITE SINCE 1999
AROUND 550 M ABOVE THE SEA

La Laguna sits on a high plain above Santa Cruz, and it has weather the coast does not: cool mornings, soft rain in winter, cloud that arrives in the afternoon and lifts by evening. People who live here talk about it the way others talk about their neighbours.

The historic centre is protected, but it is not a museum. Families still live above the shops, and in term time the university keeps the squares busy until late.

From the edge of town the road climbs into the laurel forest of Anaga. Twenty minutes, and the island is green, wet and almost empty.

WORTH KNOWING

The old centre is best on foot: park at the edge and walk in. The municipal market, beside the old town, is at its liveliest in the morning.

Above the coast

Cloud, cafés and the road to Anaga



THE ISLAND PANTRY

Before the restaurants, the dishes you will find on almost every island table.

01 **Papas arrugadas**
Small potatoes boiled in salted water until the skins wrinkle, with red and green mojo.

02 **Barraquito**
Condensed milk, liqueur, espresso and milk in layers, with lemon peel.

03 **Vieja, cherne, sama**
Fish from the morning boats, cooked simply and served with papas.

04 **Gofio**
Toasted maize or wheat flour, inherited from the island's first inhabitants.



01

02





03



04





Garachico

The town the volcano rebuilt

For two centuries Garachico was the island's great port. In 1706 lava came down the cliff and into the harbour, and the town that grew back was smaller, quieter and built of the same stone.

Garachico was founded at the end of the fifteenth century by the Genoese banker Cristóbal de Ponte, and its harbour grew rich on wine and sugar bound for Europe and the Americas. In 1706 an eruption above the town sent lava into the sea and filled the port. Trade moved along the coast to Puerto de la Cruz and never came back.

What stayed is a town of a few thousand people, laid out on the lava itself: stone houses with wooden balconies, the convent of San Francisco, the Plaza de la Libertad, and the Castillo de San Miguel, still standing by the water.

The lava also made the coast. Where it cooled against the sea it left the pools of El Caletón, joined now by paths and steps, and a shoreline of black rock that the Atlantic works at all winter.

Arrive by the coast road from Icod rather than down the cliff. Have lunch late, and stay until the light turns orange on the Roque de Garachico, the rock just offshore.

WORTH KNOWING

Swim at El Caletón only when the sea is flat. On rough days, enjoy it from the promenade.



FURTHER WEST

Teno

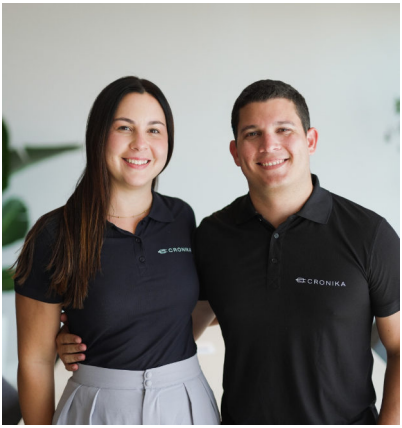
BUENAVISTA DEL NORTE

Beyond Garachico the road climbs into the Teno massif, the far north-west and the edge of the island.



VISUAL PRODUCTION · TENERIFE SOUTH

Cronika Studio



Every space has a story

A creative studio for real estate, architecture and interiors, founded by Marco Carpio and Katherine Arriaga. Their photography and cinematic films go beyond square metres, using light and movement to show what makes each space special.

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"We reveal the true value of every space."

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Vines Above the Sea

The island's wine country, a short drive from the coast

The north has made wine since the sixteenth century, when Canary wine sailed to England and the Americas. The slopes between Tacoronte and the Orotava Valley are still lined with small family vineyards, many on volcanic soil.

The grape to know is listán negro: young, fresh reds with a hint of smoke. In the Orotava Valley, look for the cordón trenzado, vines braided by hand into long ropes along the ground.

WORTH KNOWING

Start at the Casa del Vino in El Sauzal, a restored farmhouse above the sea with a tasting room. Many bodegas open by appointment; autumn, after the harvest, is the best time.



ENJOYAHOME SELECTION

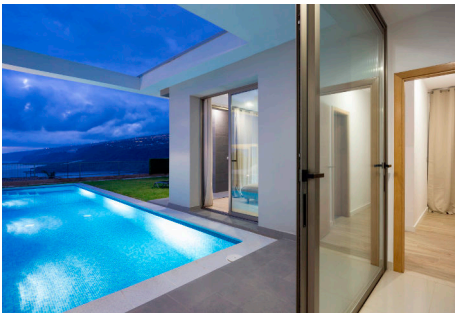
Villa La Quinta

A pool facing the Atlantic

SANTA ÚRSULA
EIGHT GUESTS
HEATED POOL

BOOK AT ENJOYAHOME.ES











The South

Sun, calm water and the strait to La Gomera. The south is where the island slows down: mornings on the beach, afternoons on the water, dinners by the sea.

Into the Blue

A morning on the strait

The strait between Tenerife and La Gomera is one of the few places in Europe where pilot whales can be seen all year. The best way to meet it is slowly, from a small boat, early.



WHERE WE STAY

Villa Balcón Atlántico

COSTA ADEJE · SOUTH

Three floors above the sea, four bedrooms and a heated pool.

BOOK AT ENJOYAHOME.ES

Leave before the harbour wakes. The coast looks different from the water: the cliffs higher, the towns smaller, the island suddenly volcanic again.

Out in the strait the swell lengthens and the skipper slows. Pilot whales travel here in family groups, surfacing, resting, moving on; bottlenose dolphins come closer when they choose to. Nothing is guaranteed, and that is the charm of it.

Choose a small, licensed operator that keeps its distance and respects the limits, and go in the morning. Bring a layer: the Atlantic is cooler than it looks.

Back on land, lunch by the harbour: the fish of the day, papas arrugadas with mojo and a cold white wine from the island.



WORTH KNOWING

In the Canaries, responsible whale-watching boats carry the Barco Azul certification. Ask for it before you book.



HAIR · ADEJE AND SANTA CRUZ

Óscar Cabrera

A salon by EGEA Arquitectos

With more than fifteen years in the profession in the Canary Islands, Óscar Cabrera built his career from scratch, with consistency, training and the pursuit of excellence as the marks of his work.

He leads a strong team that shares one philosophy: keep evolving. New techniques, continuous training and a careful choice of products, so that every client receives the highest standard of service.

His newest and most ambitious salon is in Adeje, the natural next step after his salon in Santa Cruz de Tenerife.



THE ARCHITECTS

EGEA Arquitectos

The Adeje salon was designed by EGEA Arquitectos, part of Grupo Fo(4)r Homes: a contemporary, refined space where natural materials, stone and green marble above all, take the lead. Renova Construcciones built it, so that architecture, design and beauty share a single vision.

EGEAARQUITECTOS.COM

BOOKINGS · ÓSCAR CABRERA

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direccion@salonesoscarcabrera.com
oscarcabrera.es

A Day in the South

Below the clouds the south keeps its own rhythm. The light is strong early, the sea is calm before the wind comes up, and the best of the morning happens before lunch.

8 AM

The first swim

PLAYA DEL DUQUE · COSTA ADEJE

The sea is at its calmest and the beach is still nearly empty. Bring a towel and go before the sunbeds fill.

10 AM

Breakfast outside

LA CALETA · ADEJE

Coffee and something simple on a terrace by the old fishing harbour, with La Gomera across the water.

11 AM

The old town

CALLE GRANDE · ADEJE

The church of Santa Úrsula and the steep old street that climbs from it, at the foot of the Barranco del Infierno.

12 PM

Into the ravine

BARRANCO DEL INFIERNO · ADEJE

A walk up the ravine above Adeje to a waterfall. Numbers are limited, so book ahead and go in good shoes.

Roque del Conde







A building plot in Adeje, below the flat-topped mountain that gives it its name. It comes with a full project by EGEA Arquitectos.

PLOT
501.81 m²

PROJECT
EGEA Arquitectos

PLOT WITH LICENCE
€675,000

FINISHED HOME
€2,230,000

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The afternoon

Slower now, and by the sea: a long lunch in Los Cristianos, the walk into La Caleta as the light turns, and dinner when the town comes back to life.

2 PM

Lunch by the harbour

EL MESÓN · LOS CRISTIANOS

Spanish cooking, a long table and the ferries to La Gomera coming and going.

7 PM

The coast path

LA CALETA · ADEJE

The walk along the sea into the old fishing village, as La Gomera turns into a silhouette.

9 PM

Dinner

KENSEI · LA TORRE DEL MIRADOR · PLAYA DEL DUQUE

Japanese cooking at Kensei, or seafood and live lobster at La Torre del Mirador, both by the beach.

Dr. Noemí Aguilar

ONCOLOGY · LONGEVITY · CO-FOUNDER, ETHRA



Medicine, longevity and a new way of looking at wellbeing

A specialist in radiation oncology, trained in aesthetic, regenerative and anti-ageing medicine, Dr. Noemí Aguilar works from one idea: health should be looked after before illness appears, not only once it does.

That view of prevention, bringing together science, nutrition, movement, mental health and self-care, led her to co-found ETHRA – Longevity Experience in the Canary Islands: small gatherings in remarkable places across the islands, where medicine, experts and nature meet, to stop, understand our health a little better and learn to care for it before it needs treating.

CONTACT · DR. NOEMÍ AGUILAR

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@dra.noemiaguilardiaz

NOEMI AGUILAR
MEDICINA ESTÉTICA



THE TABLE · PLAYA DEL DUQUE

La Torre del Mirador

Seafood at the water's edge

On the seafront, La Torre del Mirador is a place for a long lunch by the water. The menu follows the sea: fresh fish, seafood and live lobster, served on terraces that look out over the beach towards La Gomera. Book a table outside and stay until the light goes.





Three Drives

The roads worth taking slowly

Tenerife is small enough to cross before lunch, and some of its best views are from the car. Three roads, each one a morning, and each worth taking slowly.



TENO · NORTH-WEST

Down to Masca

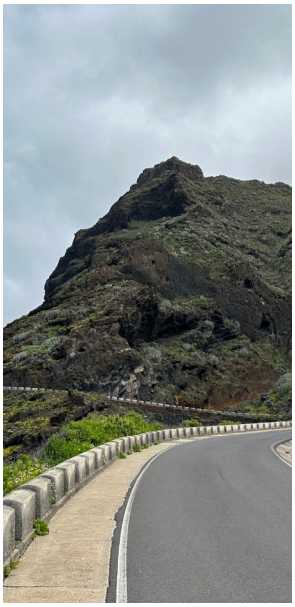
From Santiago del Teide over the Teno massif and down a road of hairpin bends. Stop at the Mirador de Cherfe, drive slowly and go early.



LA ESPERANZA · CENTRE

Through the pines

From La Laguna along the spine of the island towards Teide, through pine forest and, most mornings, above the sea of clouds.



ANAGA · NORTH-EAST

Over the ridge

From La Laguna through the laurel forest to Pico del Inglés, then down the bends to Taganana and the black beaches of the north.

Play



PLAY · GOLF

Golf Between Sea and Volcano

Rounds for every season

Mild winters and very little rain make Tenerife a golf island all year round. Most courses are in the sunny south and west, with the sea in view; the oldest, the Real Club de Golf de Tenerife, founded in 1932, is in the green north near Tacoronte.



Abama Golf

GUÍA DE ISORA · SOUTH-WEST

18 HOLES · DAVE THOMAS

Up the west face of Teide, with the ocean and La Gomera in view from most holes. The resort has its own tennis courts.

Buenavista Golf

BUENAVISTA · NORTH-WEST

18 HOLES · SEVE BALLESTEROS

Between the Teno cliffs and the Atlantic, in the wild north-west.

Golf Costa Adeje

ADEJE · SOUTH-WEST

JOSÉ GANCEDO

Laid out on old banana terraces, with lakes on the Los Lagos course and La Gomera across the water.

Golf Las Américas

ARONA · SOUTH

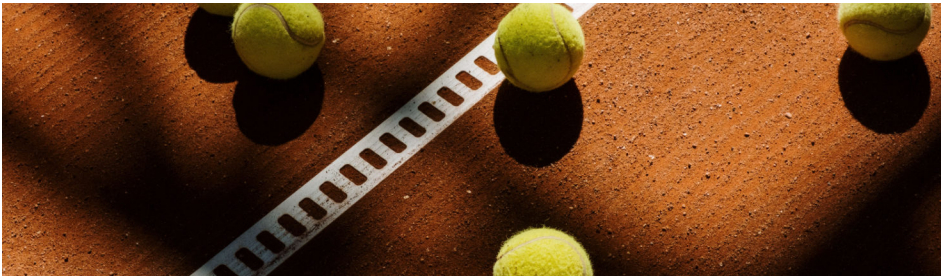
18 HOLES · PAR 72

Sheltered from the wind, and easy to fit into a holiday.

On Court

Padel and tennis, all year round

Padel is the island's after-work habit, played in fours and usually followed by a drink; tennis has the older roots. In the south, three addresses cover both, a few minutes from La Caleta.



Tenerife Top Training LA CALETA · ADEJE	Tennis academy · hard courts A full sports centre above La Caleta, with coaching for every level, a gym and recovery facilities. Padel classes too.
Mantra Padel LA CALETA AND ADEJE	Six glass courts Four outdoor courts in La Caleta, beside the Baobab Suites, and two indoor courts in Adeje for windy days.
Tivoli Shape Padel COSTA ADEJE	Padel school Courts and classes with the Simple Padel academy, open every day from morning to night.



WORTH KNOWING

1969	Four	1932	All year
PADEL, ACAPULCO	PER COURT	FIRST GOLF CLUB	OUTDOOR SEASON

Padel was invented at a private house in Acapulco in 1969 and reached Spain a few years later, by way of Marbella; it is now one of the most played sports in the country. Tennis and golf came to Tenerife much earlier, with the British visitors to Puerto de la Cruz.

The West Coast

Afternoons facing La Gomera

Between Los Gigantes and Playa de San Juan the island turns to face the west. The towns are small, the sand is dark, and in the late afternoon the sun goes down behind La Gomera.

West	Arena	Sunset	Cliffs
LA GOMERA AHEAD	VOLCANIC SAND	OVER THE SEA	JUST NORTH

Puerto de Santiago and Playa de la Arena sit along a single coastal road, below the cliffs of Los Gigantes. They are small places, and they still feel more lived in than visited: a harbour, a promenade, washing on the balconies.

The beach at Playa de la Arena is dark volcanic sand, sheltered enough for a morning swim. By late afternoon the light drops low over the water and La Gomera fills the horizon.

This is also a coast of homes. On the cliffs above Los Gigantes, architecture has had to make room for the landscape, and the best of it does so quietly.

WORTH KNOWING

Stay for the sunset. On clear evenings La Gomera, and sometimes La Palma, stand out on the horizon.



EAT & DRINK

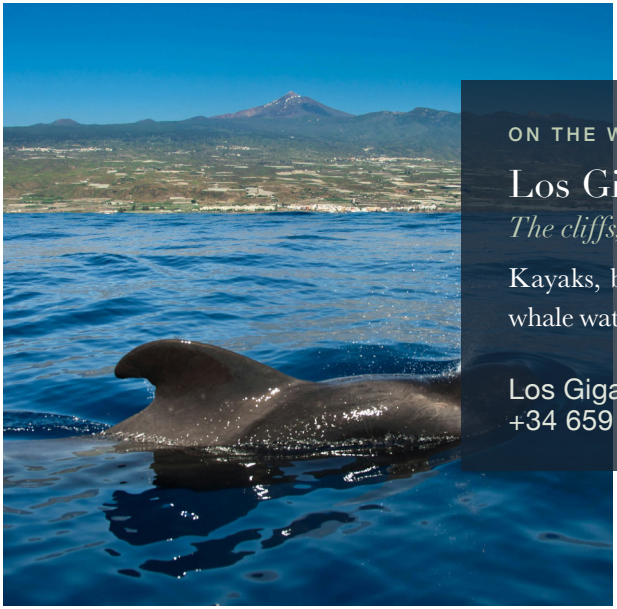
Los Gigantes Beach Club

A table by the Atlantic

Brunch, dinner and cocktails by the water, with the cliffs as a backdrop.

Calle Los Guíos · +34 682 791 068

los gigantes beach club



ON THE WATER

Los Gigantes Blue

The cliffs, from the sea

Kayaks, boat trips, jet ski safaris and whale watching, right beneath the cliffs.

Los Gigantes Marina · +34 659 374 426

los gigantes blue



The Heights

Teide is not only something to visit. It is what everyone on the island lives beneath: it makes the weather, the clouds and the view from half the kitchen windows.



TEIDE NATIONAL PARK

A world of its own at the centre of the island: lava fields from black to rust and ochre, a cable car that climbs towards the summit, and at night one of the clearest skies in Europe.

ALTITUDE 3,715 M
UNESCO WORLD HERITAGE, 2007



THE HEIGHTS · TEIDE

Above the clouds

Where the weather begins

Teide is the reason Tenerife has so many climates. The trade winds arrive from the north-east, meet the mountain and leave their moisture as cloud: the north stays green, and the south stays in the sun.

On most days a band of cloud rests on the northern slopes, somewhere between one and one and a half thousand metres. Islanders call it the mar de nubes, the sea of clouds. Below it are the vineyards, the laurel forest and the valleys of the north; above it, pine forest and then the bright, bare caldera.

The south lies in the mountain's shadow. The same wind reaches it dry, which is why the coast from Adeje to Los Cristianos has sun for most of the year.

It shapes how people build, too. In the north, houses turn towards the sea and the light, and have to live with damp. In the south, they look for shade, deep terraces and water. Choosing a home here is partly choosing a side of the mountain.

Drive up early and you pass through the cloud and out above it. From the caldera of Las Cañadas, some sixteen kilometres across, you can see the whole arrangement at once.

“The cloud stops halfway up the mountain, and so does the green.”



MERENDEROS · PICNIC AREAS IN THE PINES

Chío	Las Lajas	La Caldera
GUÍA DE ISORA · WEST	VILAFLOR · SOUTH	LA OROTAVA · NORTH

BEFORE YOU GO

The zonas recreativas have tables, water and barbecues under the pines, and fill up with families at weekends. Fires are banned on days of high fire risk, so check before you light one. The trail to the summit needs a free permit from Teide National Park, and the road up can close after winter snow.

Two Walks

From a ravine to the laurel forest

Tenerife is best understood on foot, and two walks show its range: a ravine in the dry north-west that runs down to the sea, and a forest in the north-east that hardly ever sees the sun.



THE RAVINE

Barranco de Masca

TENO · NORTH-WEST

From the hamlet of Masca, the path drops between walls of rock towards a pebble cove on the Atlantic. Access is regulated and must be booked; the day is long, and the silence is the point.



THE FOREST

Sendero de los Sentidos

ANAGA · NORTH-EAST

Near Cruz del Carmen, short paths lead into the laurel forest: moss, fern and a cloud that sits in the trees. It is the island as it was before the villages, twenty minutes from La Laguna.



The two paths sit at opposite ends of the island, and they explain it better than any map. Masca belongs to the old, eroded west, where the rock is dark and the water has had millions of years to cut its way down. Anaga is younger in feeling, green and damp, kept alive by the same trade-wind cloud that shapes the north.

Neither is difficult if you choose the day well. Go early, carry water, and let the weather decide: when the cloud comes down in Anaga, the forest is at its best.

And on the day you drive up to Teide, add the short circuit around the Roques de García, below the summit, with the whole caldera at your feet.

WORTH KNOWING

Walk with a local guide the first time: they know which paths are open.



MOVEMENT

Pilates Studio by Priscilla

LOS CRISTIANOS

Av. Ámsterdam 1, 2ª planta, local 4
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pilatesstudiopriscilla.com

The Seasons

The quieter months

Tenerife has no real off-season, only quieter months. On the coast the temperature rarely strays far from the low twenties; what changes is the light, the sea and the number of people on the paths.

Nov

The first rains

THE NORTH TURNS GREEN

After the dry summer the northern slopes recover within weeks. The best time for the laurel forest of Anaga.

Feb

Almond blossom

SANTIAGO DEL TEIDE AND VILAFLOR

The almond trees flower in the western valleys, and Teide often carries snow.

Jun

Long evenings

ACROSS THE ISLAND

The longest days, before the summer holidays fill the coast. The sea begins to warm.

Sep

The warmest sea

THE COAST, NORTH AND SOUTH

The sea is at its warmest in September and October, and the beaches are quieter again.



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A general guide, not legal or tax advice. Every purchase and sale is different; we will put you in touch with the right professionals.



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BEACH CLUB · PLAYA DE TROYA, COSTA ADEJE

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PHOTOGRAPHY · PEXELS · UNSPLASH

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Andrea Imre 39, 58
Andreas Ebner 54–55
Antonina Ross 8
cottonbro studio 50
Freestockpro 14–15, 20, 27, 29
Gustavo A. Perez 53
Karl K 12–13, 15, 24, 32
Magic K 2–3, 15, 28
Michal Mrozek 47
Miguel Rivera 16
Mikegles 31
Mikhail Nilov 58
Patt Garciia 33, 38, 59
Piotr Baranowski 57
Raymond Petrik 30
Roman Odintsov 35
Ronny Siegel 25
Rube G 15
Sebastian Angarita 51
Sergei 47
Tanita Lupa 47, 56
Vindhya 31
Vovkapanda 31

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